

A PROGRAM JUST FOR PARENTS

Saturday, May 5, 2001

8:30am – 8:40am

Welcome

Dr. Joan Apple Lemoine, Dean of Student Affairs & Academic Services

8:40 – 9:30am

Transitions

Dr. Kim Owens, Director of New Student & Diverse Community Programs

9:50 – 10:50am

BREAK OUT SESSION 1

Choose from One Session

I. Living on Campus

Living on campus can be a wonderful experience. It is, however, much more than simply residing in a residence hall and having a roommate. It's about community, teamwork, respect, problem solving and growth. Meet the Director of Residence Life as she describes the goals of the program. Learn about the various housing opportunities available to your daughter during her first year. Hear about the positive developmental changes that can arise from living in residence, as well as the common challenges that students face. Walk away with tips on how parents can be advocates for their daughter while she is negotiating the transition from living at home to "living on her own."

Presenter: *Rossanna Punzalan-Winn, Director of Residence Life*

II. Living Off Campus

We have many students for whom commuting to Douglass is the best option. While there are many benefits, commuting does present special challenges. Whether it's the realization that the "chore schedule" and curfew that worked in high school no longer seems to be working, or missed opportunities due to "only going to class," it is important that our commuters find ways of becoming fully integrated into college life. Meet Douglass' Dean for Commuter Students, as she outlines some of the many services available specifically to commuters. Learn why it is important for commuters to become active members of the Douglass community and what parents can do help students become involved.

Presenter: *Gail P. Wittman, Assistant Dean for Commuter Services*

III. Academic Resources Available on Campus

Whether your daughter was at the top of her class in high school or struggling with a subject or two, the first semester of college can be a difficult transition academically. Listen to our expert panel as they highlight some of the common academic problems that first year students encounter. Walk away with information regarding some of the many academic resources available to your daughter as well as some practical tips on how you can assist your daughter should she encounter difficulty along the way.

Presenters: *Representatives from the Learning Resource Center, Math & Science Learning Center, Writing Center and the Library*

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Presenter: *Rossanna Punzalan-Winn, Director of Residence Life*

II. Safety Matters

Rutgers university has a police department that is dedicated to serving students and keeping the campus safe. However, personal safety is everyone's responsible. Meet Douglass College's Community Police Officer as she details the many programs in place to insure students' safety, along with practical advice on how students can avoid many safety "don'ts".

Presenter: *Officer Swanetta Pitt, Rutgers University Police Department*

III. Money Matters

Do you have questions about financing your daughter's education? Whether it's getting information about financial aid, understanding the term bill and available payment options, locating scholarships or learning about the many on-campus job opportunities that are available to students, you are sure to leave this session with useful information.

Presenters: *Marge Munson, Douglass College Dean for Scholarships & Research, and representatives from the Office of Financial Aid, Student Account & Student Employment*

IV. My Daughter's in College: Now What?

There are many things to consider when a daughter goes to college. What will it be like to send *your* daughter to college? What words of wisdom do you have to share? Before you know it, August will be here, and your daughter will be starting a new phase of life. How will you participate in this "rite of passage"? Take the time to review for yourself the important feelings that you are experiencing so that you and your daughter can strengthen your ever evolving relationship.

Presenter: *Dr. Mary Ann Jensen, Director of Douglass Psychological Services*

V. Lunch on your Own

Join us for lunch in one of our dining halls. Lunch for parents is \$5. To insure that you are not waiting in long lines, a dining hall has been "designated" for you on the colored "ticket" in your folder. You do not need to present the ticket at the dining hall. Other dining options include the Douglass café located on the first floor of the college center, or various area restaurants (see dining guide in folder).

I. Course Selection: Why One Size Doesn't Fit All

One of the major lessons in college is learning how to think about short and long term educational and career goals. Your daughter will learn to navigate and take advantage of the myriad of courses, majors and other academic opportunities available to her. Placement tests are just the first step in this continuous, long-term process. Meet Dean Beth Howard as she explains how placement test scores, AP credits, etc. are utilized, and outlines the course selection and registration process. Learn about the steps that many students go through as they wrestle with choosing or changing their mind about a major, and how parents can be supportive during this time of self discovery.

Presenter: *Dr. Beth Howard, Dean for Academic Services*

II. From the Student's Perspective

Would you like to know what current students think about Douglass College? Come meet current Douglass students as they talk about the pleasures and challenges of being a college student today. Hear what their transition to Douglass was like when they were first year students along with "inside tips" on how parents can be helpful and supportive as their daughter is learning how to be independent.

Panel: *Tanjika Williams-Park, '02; Daneille Cohen, '04; Rori Crosson, '04; Melanie Miller, '04;*
Moderator: *Elizabeth O'Connell-Ganges, Dean for Community Development*

III. Health & Wellness on Campus

A healthy student is a student more likely to perform better academically. Hear from the director of the Willets Health Center as she presents information about services available to students. Learn about immunizations that your daughter may need, or records that may need to be sent for her to be fully registered. Hear about common illnesses that affect students and tips on how students can stay healthy. Get advice on what health insurance information your daughter needs to know while she is at college.

Presenter: *Dorothy Kozlowski, Director of Willets Health Center*

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V. Campus Tour

Take a campus tour with a Douglass College Red Pine Ambassador. These knowledgeable student leaders will lead you on a walking tour and point out many highlights.

AFTERNOON OPTIONS

We invite you take advantage of one or all of our afternoon options!

1:30pm – 3:00pm

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Financial Aid Mini Session

If you have submitted financial aid paperwork, or if you have questions, meet with a representative from the Office of Financial Aid for a “mini session.” **Note:** Due to the potential number of people who may want to meet with the representative, session time may be limited.

1:30pm – 3:00pm

Information Fair

Visit our Information Fair and speak to representatives from the following departments and offices:

Career Services

Cook/Douglass Recreation Center

Computing Services

Dining Services

Housing

Learning Resource Center

Office of Commuter Services

Office of Psychological Services

Residence Life

Rutgers University Police Department

Willets Health Center

2:00pm – 3:00pm

Meet the Deans

This session offers an opportunity to meet some of the Deans of Douglass College and interact with them much the same way that students do. It will begin with a “panel discussion” and a general overview of their different areas of responsibility, and continue with an informal question and answer segment. Feel free to attend the entire session, or join us for a short while as you take advantage of the other afternoon opportunities.

Presenters: *Dean Joan Apple Lemoine, Dean Suzan Armstrong-West, Dean Elizabeth O’Connell-Ganges*